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Session: 1320
Earth Date: March 26, 2026, Thursday
NZ Time: 9 am

Omega Communications Portal

Overview. Observing Experiences Everything is Energy



This is energy and information through Omega Communications, which you are drawing to you and you are participating in an expansion of your own realizations and your own life essence here on Earth.

I am Lani presenting these to you, drawing you in to be with me as if we are gathering together in a meeting space. This is where you focus entirely on your own life essence – your light body self – and you allow your mind and body to relax. Then you are able to come with us as a group into the receiving area of the Station of Light for today's energy presentation.



“We greet you within this collective state of consciousness, of awareness, of your sensory participation within this field.

There are many frequencies that come together to create this field where you access the energy information applicable for you and apply it to the situations that you are aware of. You are aware of many situations within your own life system and the life system known as the planetary consciousness, the civilization present. Stabilizing yourself within this field allows you to **observe** from a distance, from an **overview**, of your own life participation in a series of experiences.

What you observe as you overview the planet you will be seeing a series of actions and reaction and activities. Observing it from this state which you are able to do daily by your own observations from your central intelligence point, you will **observe changes**. You observe the differences, but you can also observe the higher overlaying point of coming together in a balancing state of consideration of each one's needs and also the point of connection to the prime purpose of existence in this planetary system.

As the planetary system evolves, the consciousness that you are participating within, then there is the more opening, the more resonating field to the participating elements of the collective consciousness of the field of creation. There are natural pathways which are not observed, or not aware of, by many people, the natural pathways, like yourself.

They move you into the correct placement with the original point of origin and creation. The pure point that is balance and order and the pure design system.

When you reach this point of **observation from the pure design system**, changes naturally happen around you to bring everything into conformity with that same frequency pattern of the prime design situation.

You understand **everything is energy**. You are energy. You are an energy device. You receive energy and you use energy. You utilize energy that you receive though the natural substances provided through the Earth planetary system, from the natural nutrition that your body recognizes and absorbs. Then you naturally extend that into the energy field known as the support system, the prime intelligent system, to nourish and support the state of awareness, the state of mental attunement to the same provisional field and then there is the adjustment within the emotional response of everyone.

In one sense you are progressing through clearing and adjusting the energy patterns that are creative of your current life system. As you observe that and you recognize that, you recognize the **energy changes everything** and you recognize it changes it into the original prime design.

Be aware of the facilities available to you that have been created to support your living. These are to do with functions, they are to do with the vehicles you live in and they are also responsive to the energy that you envelop the space within and around.

You then are realizing the specific way you interact with the prime energy systems and how you utilize it, utilizing it from the original blueprint that you brought in from your point of origin. Remember, it is always renewed through the natural frequency known as the light system coming through the solar portal into you. It is your soul energy frequency.

You realise this changes your perspective of perhaps who you are and why you are existing in the current circumstances.

This is the prime message for you that you are receiving in these moments in the gatherings here. This is vitalizing you again. There are times when you need this vitalizing enrichment nourishment in this way. It is important. It is balance, but it is composition also of the vitalizing enrichment products grown through the earth system within the biosphere that you know as this individual planetary being you exist within. You may feel you exist upon the surface of the planet, but the planetary system extends into the energy field.

Think about yourself in the same way. Your life essence is not just existing within the body form. It is existing in the outer energy field. You **view life** in a different form, in a different way with realizations such as this.

This is the pattern that you are receiving and adjusting to in this deliverance. This is why you drew it through you in this session.

The collective consciousness that we are – you will find you are receding from us as you absorb it individually and this is what was presented to you in this session.”



Acknowledged. Lani speaking again and once more I bring your attention to your individual sense and presence because in these gatherings you often become aware that you are one within the collective consciousness. You continue to be that but you must draw the energy within you as an individualization so you present it into your individual life system and it naturally will be flowing out into the system that you are immersed within daily.

Therefore, take in a lovely natural breath and as you breathe out, you are simply breathing your full consciousness back into and around and through your physical form. It is important. You are nourishing it, enriching it with this vital essence, the frequency pattern you received today and you receive it every day. Focus now in the current time and reality where you are.

This ends this session through the Omega Communication Portal.

Are you aware you are taking more into you than simply the words that are delivered? You take in energy and the frequency patterns deliver the fulness of the message. Perhaps you are training yourself to receive that, to be more aware of it. Your great awareness is processing it and interpreting it in a way that you fully realize what you have been receiving and you are receiving. I wanted to add this into the session for you.

Thank you.

Lani



This symbol =

**Consciousness rising to Quasmic
Consciousness – energy flowing through
all dimensions.**

Next Gathering: April 2, 2026
