



Lani Calkin. Auckland, New Zealand  
ph. 027 291 0165

email: [lani@omegacommunications.co.nz](mailto:lani@omegacommunications.co.nz)

web site: <https://omegacommunications.co.nz>

YouTube: [omegacommunications](https://www.youtube.com/omegacommunications)

Facebook: [@omegacommunications](https://www.facebook.com/omegacommunications)

Apple Podcasts: [omegacommunications](https://www.apple.com/podcasts/apple/omegacommunications)

Session: 1319

Earth Date: March 19, 2026, Thursday

NZ Time: 8.15 am

## Omega Communications Portal

### Supportive field. Your Wellness Centre Levels being Superseded



Hello and Welcome. Lani with you again, inviting you to be fully present with me as if we are in one meeting space and together it is easier to let go of ordinary thoughts or concerns or anything around you, any noise around you and to come together in the energy field that we exist in and yet often we are not aware of it. This is the quasmic field. When I speak about the quasmic field, we cannot really define it and that is the whole point of some words – to move outside of any definition - and we move into the greater expanse of the field of everything.



In this field now, we transit into the receiving state of ourselves within the station of light. This great existence. Part of our consciousness. It is part of existence. So, as we assemble here, we draw upon the frequency which is a process for us to understand and receive in this gathering. Thank you.

“In this gathering together with us within the collective consciousness there is no timeframe, there is no limitation upon you. There simply is existence and you exist through every experience - beyond every experience - but indeed you, the essence of you, exists within the experiences of your personal life existence and the collective life existence of this planet and beyond that into the quasmic field.

In this way, using these words, you are opening more into the existence, into realities that exist. They could be called potential realities. You are **training yourself** to coexist with the reality that supports you in every way and this is within the supportive field that you exist in.

As you realise this, the supportive field becomes stronger, becomes more evident, becomes more real and you have realisations and you have materialisations. It is in direct accordance with the frequency that you attract to you. The **supportive field** of existence is the supply system.

Your frequency, your current thought patterns interact with the frequency, so in this way you are like a **magnetic attractive field**. Beyond that and encompassing that is your presence as the conscious intelligent being, always connecting into consciously or unconsciously, the field of potential, your true existence, your point of origin.

You have linked in with this as individuals present here. We observe this. We sense it. Do you sense this? Do you sense there is the uprising, if you like to use that word, into the greater supportive field of existence?

This is the point of describing this to you – of the words which you understand and the more understanding, the more realization you have, you are able to access that field of potential, in a greater way.

You may perceive this and understand that you have moved into the outer field of the field that exists around the planetary Being and as you see and sense that field, there is a constant interaction with the light field – the streams of energy and information coming through the solar portal. So, in a sense, you are tapping into that constant renewable resource of the field and it is a constant renewable frequency for what sustains you within the existence of the planetary Being itself.

There is constant reformation and redevelopment and ongoing life in the supply system that nourishes you in the physical way and the energy frequency of the quasmic field nourishes you in the true essence of you and this is the wellness centre of you that exists within you.

This is something that many of you were needing to understand and receive and you understand there is the natural resources available in that field of provision of everything around you.

You become the receiving tool for this. The essence of you, and the essence of you as it exists within the true centre of energy of you. You interpret it and you use it in many ways - physical, energetically, emotional and you see you are part of the ongoing existence. Therefore, take in the supportive field energy to continue the ongoing existence but in a different way. **Many levels are being superseded** and you are getting the constant resource through the solar portal of the energy frequency needed.

This may help you understand what is occurring in different pockets of civilizations coexisting within the energy field of the planetary Being and consciousness.

As you continue to receive from your point of origin supported by the ongoing frequency field through the solar portal, this is nourishing you and energizing you and communicating to you many possibilities and potential to you and indeed because you are present in the expansion of the Earth consciousness Being, you are supporting that and it is a mutual support system.

Individually you are making a difference. Collectively you are making a difference because you are connected into the pure elements of creation – that which we call order – the pure design system. This is a fundamental realization needed and this is a fundamental issuance surrounding you in this presentation for you to absorb and utilize.”



Lani speaking again and as we withdraw from the consciousness field presenting these words through me, the collective consciousness, the withdrawing does not mean we leave it behind.

We simply withdraw and we draw to us the frequency received.

Take a moment to feel the replenishment, the nourishment, the restoration, the unique ideas, the unique energy information processes for you and you engage that in your life system. It is a supportive system.

This is what you are drawing into you now as you draw it deeply into your physicality system, connected into the centre of light living essence, the **wellness centre** within you, the pureness, connected always. There are many ways you are doing this, of course. You are always connected into the pure streams of light essence of your point of origin as you continue to exist within this physical body. So, this is another way that you are increasing the vital energy essence within you. Your energy field is enhanced, strengthened, in all ways that is needed.

This is the presentation to you in this session through the Omega Communication.

Now this ends this session, so continue to refresh yourself in the streams of energy coming through this way. You may feel it confirms or helps you understand what you are receiving in other ways and whichever session you listen to through these Omega Communications there will be something that you will be drawn to, to understand or receive. It exists. It is continuation of existence.

Thank you for bringing this through into your life system and into this life system that we are coexisting within and as.

Lani



*This symbol =*

***Consciousness rising to Quasmic  
Consciousness – energy flowing through  
all dimensions.***

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**Next Gathering:** March 26, 2026

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