



LANI'S QHHT SESSION – facilitated by Debbie Taylor - October 7, 2017

L. There is a bridge, a footbridge in front of me, timber and rope and its over rushing water and its going across into a rockface, a mountain, it goes directly into a dark passageway. The walls are black. It looks like mountain rock on the outside but the walls are black, smooth and shiny inside. There are lights, I can see where I am going. The lights are down near the floor.

D. What kind of floor is it?

L. It looks smooth with sparkly bits in it almost like something you would see on Star Wars. It is a stronghold and its hidden from the mainstream of life and there are a few important people on Earth today who know about this place.

D. So it is on Earth?

L. Yes it is on Earth I have been drawn into this space, permitted to be here, almost sent to be here to identify some of the changes that are happening. There are divisions. Apparently, its almost like the area on Earth, or Earth is an area that is being divided. There is a separation needed from the people who are causing problems and destruction, separating them from the ones who are giving the life force, giving the light and information to the other people who understand that it is going to be going through a big time of shift. Earth is going to be changing tremendously and already there have been enough signs for people to recognise, to know this, so the purpose of me coming into this area today is to come into the gathering of other people who know this and understand the process required to exchange information and to be given the plans that are needed for certain groups of individuals, people.

D. Can you recognise any of the people who are there with you who have been invited to be in this special place as well?

L. I see lots of people and they seem happy and energetic.

D. Peaceful loving people?

L. Yes. They feel familiar but I don't recognise anyone I know currently on Earth. There is one person, who comes to me for healing sessions and I have been trying to get him to recognise what he is. He is there. It is as if he is there in a higher level of consciousness, not actually there in person. I don't even know if I am there in person.

D. Can you perceive yourself to have a body at the moment or not? If you look down do you see feet?

L. Yes. I am wearing a very soft covering boots coming up to mid calf. Silvery look and what I am wearing, a woman I am me, I am wearing like a feminine attire tunic, comes down to just above the knee and again it is very soft fabric and it's got colours in it, iridescent colour. It's from a different civilisation and dimension and I am there, wearing that, and yet I am still on Earth in the present time because it is in the current time. I am taken into this space in another part of me. Even while saying that I am aware of this body lying here talking to you

D. Is this the divide that happens? The divide between the knowing and the unknowing?

L. Yes.

D. How far into the future have you gone? Or is it another dimension?

L. I am getting 200 years in the future and it is preparation now and we are being given the information now for the current time, to send back to those beings who know, who can prepare other people and bring them into consciousness, into conscious recognition of what is to be and the plan. We are involved in spreading, like a network, a grid, that connects into certain places on the planet now. There are almost like antennas but they broadcast information patterns in a sequence of very high, beyond our spectrum of hearing –

D. Is it telepathic?

L. Yes in a sense. It is communication on a higher level and there are many people on Earth who have the sensory perception to pick up the signals, the information coded in the signals. It must be made known.

D. How do you feel about being there? How does it feel to be there and be one of them?

L. It feels wonderful. I feel wonderful about it. I feel I have known that I would go into this space for a long time and that I have been preparing for it for a long time. The part of me that is there is what I recognise and label as my light body. The light body is a vehicle that has been prepared for a long time to travel into this and other places that are hidden from the sight of other people.

D. So you are in your light body now?

L. Yes, in this space that is in existence. It has existed in this mountain for centuries. It is almost disguised as a mountain.

D. Like a pyramid shaped mountain?

L. Yes a peak

D. And it has been disguised. Who disguised it?

L. We have come from a different place in the universe, of creation, and we have watched over the Earth and its evolvement for a long time and we have made sure there have been the carriers of information born into the Earth who would be receptive to the energy, would be drawn to it, who would awaken to it

D. Would they be what some would recognise as the rainbow children, or the starseed children or crystal children that are coming through now?

L. Yes they are the ones who will receive.

D. And they are the ones you are watching over to spread this?

L. Yes. Even as we are talking about this and bringing it into knowledge, the ones who will be receiving it are receiving it now. They would be knowing that something is happening and that it is important and they are connected in a big network around the planet.

D. Is it just around Earth or is it the whole universe is helping Earth come to this happening

L. Information is being fed from other planetary systems and dimensions into the grid to support and help and help speed up the process, simply because the way the Earth has been interfered with, or developed is leading to a major change. There has got to be a shift, to change, in how it is has been affected by chemical overload and warfare and all of that type of toxicity. It has disintegrated the fabric of Earth.

D. so this is 200 years into the future from the present day?

L. Yes but the connections are happening in the present.

D. How are they happening now? Do you mean with the humans on Earth now?

L. Yes, the ones who are coming in, even though we might talk about it as being several incarnations away, the information is carried through and there are many beings on Earth who are going to still exist in that time period, they are not going to simply die, as the human body has been conditioned to die after a certain span. The timespan of many of the humans on Earth is being extended. They will still be alive – some of these younger people will still be alive. So the purpose of me being brought into this area is to awaken this in me, as who I am on Earth today, and to strengthen my connections into this realm of information. The area that I go into and take other people into in my group gathering work is part of this, but this is another part that hasn't been revealed yet. This is new to me perhaps physically and yet in this light body state I know it very well. It's like a commission.

D. What is actually happening what will the divide be, what is the plan there?

L. It will seem as if there are different layers of civilisation that will emerge and exist and coexist. At the time there is coexistence of these different layers of formation, some of these young ones who are aware of it already. They are hopping in between the current pattern on the Earth and the newer ones being formed, so as the energy frequency increases there will be more of the population existing in this higher level and timeframe

D. Ok, and what are you actually doing there now, what do you all do when you gather there and meet together?

L. We are working on the sectors and areas to be strengthened and more active areas being brought into play. We are working out the way to contact the people who will be needing to know this who will have a greater influence to awaken other people, to touch the minds of other people, to give them the information about all of this in some way so that they will recognise what is going to be happening and they will be brought on board with it. So that is what we are doing. We are being shown more of the plan of what will happen and we will be giving the connections and special information to some people. There are whole groups of us present here in this energy structure. When I tune into it more, the Beings here are receiving information – well it's a different dimension. While it is present within the mountain, it is present in another dimension way beyond Earth. A different galaxy.

D. So the same thing, the same people, everything is in another dimension as well?

L. Yes. It is hard to describe in the way we view time and physicality and it is like stepping into the centre of this energy structure puts me in the energy from this other universe, and this energy – now it is like the light body of me disappears and I am just within energy, I am just energy, and this is the energy that is restoring – there is a pattern in this energy that is part of the human structure.

D. What is it? What advice could you give the humans today that are in this lightwork to be able to step into that same kind of energy?

L. When you realise, when the ones part of this work, realise that this energy is already here, it is just like opening a door into it, in the conscious mind. The conscious mind of everybody in the work knows about this, knows that the connection to the universe is there to their knowledge and the plan and it's just a matter of connecting in, in such a way that you open the door to it and it doesn't come through in words, it comes through in light and the pattern of the light is what has to be allowed to come through into the mind and thoughts and body. It washes away a lot of the darkness that you accumulate as human beings coming into the pattern on Earth and of course that was known, but it was the only way to get the light beings into the civilisation, in the many civilisations that have been on this planet. They had to go through the layers that created the planet until they came to the realisation that it was time to open the door to receive what is

almost a core informational pattern and that is what the true life pattern on Earth is about – to clear away the darkness and in many cases for many people it is horror – so that they realise there is this doorway that will open into the universe. It may not explain satisfactorily to you because we are talking about concepts and organic mechanics of the entire quantum of the universe that is not known to the mind pattern, but we are talking about allowing this light to come in through the open doorway of the lightworkers – the bringers in of the light – so this is able to be accessed by everybody – by this one speaking and this by you listening and receiving. It is a doorway in the conscious minds. It has existed there almost like a protective barrier but the time is needed for that to be surpassed, to be seen only as a limit and to go through that to bring in the higher light and energy.

D. so can I ask what were the major shifts happening in the last 200 years for it all to be accumulated to this point for it now to be happening?

L. there was the introduction into the planetary system on Earth of very many devices, energy devices, that were planted some within the earth structure itself, underground, some on top, and some as energy systems that were generally not physically visible to the human pattern of eyesight. Now they are becoming visible as gateways and doorways to move into the higher state of energy, which is a civilisation, so there was the presentation of these places, devices and structures into the Earth plane.

D. who put them there?

L. there are many groups, many beings from different dimensions and civilisations

D. so not humans from Earth? It was from –

L. Well, no, but they were from the future and from future Earth who come back to help the present time. The future consciousness, self consciousness in some consciousness comes back into individuals now and this has happened over many centuries to bring in the energy and information to shift the planet

D. So the ones that are all there have been born into the world knowing , they remember and they know what they are supposed to be there for?

L. There are various degrees of knowing, some have known they have work to do, some have known the life pattern on Earth has been disrupted and is wrong in terms of the civilisation of what could have been, and others came in and have been – in a way there was interference to try and block them from remembering, but that doesn't matter because those who are meant to be remembering and active will remember.

D. Where was the interference from?

L. Some of it was caused by other beings who do not want Earth to progress, do not want the Earth to be as it is, and some of those beings had evolved on Earth. There is the continuation of existence, you see, and there are layers of existence and there are ones that do not directly want the Earth Beings to evolve and create a very powerful presence as the Earth, because that enables the expansion of the universe as it continues to expand and exist with different degrees of consciousness. Earth could have been used to expand information and to allow physical travel to deeper parts of existence. So it is still being formed but it was meant to be a place that people could evolve on and expand into a type of civilisation where there was agreeable communication between everyone, where there was support of everybody and just a level of creating harmony and beauty and patterns of the universe that would represent existence of beings who understand more of what a life of pure energy could be. Earth had become engrossed in matter, people on it became engrossed in matter and it became destabilised in that way. At the present time there are many

beings who left Earth coming back – this is what we call future self ,coming back to help the present to evolve

D. so those who have passed over already are coming back in now, knowing that they will be there to help?

L. some are. There are still some who have passed over who do not immediately evolve back to higher levels and those are some of the ones who interfere, still held back in the consciousness of humanity that is greed and anger and destruction

D. Even when they have passed over they still hold onto that?

L. Some do

D. How come they do and how come some don't?

L. It is the degree of their evolvement. They are not prepared or not able to let go of the commitments that were made on Earth and that level in many ways has kept repeating itself

D So usually those who do reincarnate they do come back into a higher level of consciousness?

L. Some do, yes, some do

D. why do those some do? Why do just some –

L. come back to evolve?

D. Is it those that choose to, they want to?

L. They do want to come back and some recognise that they need to clear patterns before they can evolve. It is to do with vows, binding vows, so those who are more aware have also come forward to help those people clear the vows, to dissolve the patterns

D. Are these vows that have been given on Earth, or the other side?

L. There are many existences and some have been given from other existences not on Earth, on other planets, some vows. Some of the vows evolve not because of just human civilisation on earth – it is a desire to understand and experience many layers of creation, so we are talking about a very vast dimension here. It is very complex. It might help you to understand but we do want to also have you be aware that the overall purpose and presence of beings, of consciousness, is to be uplifting and clearing, to sort out the problems and to bring in the core essence of creation, which is the pureness. So this is part of the presentation of the beings into this pattern to help them remember the plan and to give them the new areas to work in to establish the light cities and civilisations.

D. so if you can move forward from where you are there... learning about the divide ...and preparing for the divide, move forward to an important time and space – and now you are there – tell me what is happening now.

L. I feel as if I am still on Earth but I am aware of a protective layer – like a clear layer around – I thought it was all around the Earth but I think it is just around sections – huge areas of land and water – almost like protective domes, atmosphere, and it's like there is a different colour in the air that you see. Not a haze but I am aware that the energy is different. It seems to be that we have had to create areas to live in that are protected.

D. from the outside environment?

L. Yes. They are big areas, huge areas, and it seems to be still Earth but these areas I feel around me - everybody is similar in intention. The intention is pure. Supportive. I feel there has been great healing done on Earth of areas that had become contaminated or destroyed by fires. I am talking about cities and forested type areas as if there had been a lot of destruction and now somehow areas have been healed.

D. And that is where they put the domes?

L. Yes, to keep it separate.

D. What is inside the domes?

L. This is where we are living, whole areas

D. So it's still got land and grass and trees ...

L. Yes, much has been regenerated and that is interesting because it has been regenerated from within the earth, from underneath the earth as if there has been devices or something that created ... coded patterns .. a way to re-establish the land. It was some technology that I don't understand about that was used to create these areas.

D. So who did create this technology. Was it humans?

L. Yes these were future humans but they were – we talk about humans but there are different types of humans and they have different appearances but still we would call them humans because humans have arms and legs and eyes – very similar – but they exist in other galaxies ....

D. right but were they born on this earth, born into this Earth?

L. Yes some have been and some have not, some have been watching over Earth and come to Earth to activate these devices that created these energy healings to help us

D. So that was a combination of all planetary systems and dimensions to help heal the Earth and create these domes and that technology

L. Yes

D. So the usual normal humans were able to accept that and they are accepting of that now

L. Yes.

D. hundreds of years later

L. and were taking part in the whole pattern as well, the whole scheme of it all, yes

D. whereas now they seem to want to cover up a lot of these things and don't want to know about it. Many do but many of the most powerful governments don't seem to want to work with them

L. Correct, that is correct

D. Is this about the change right now in the present day we are now in 2017. How soon is that going to start changing and start working together with the others? Is there any history there.

L. I am not able to determine that, but it is happening already. There are already ones who are working, above the government who are working in this - oh I want to say the humanistic way because the true humanistic way is the higher way – the higher way of light – that is the true humanistic way, it's not the sub human way. So that is existing already and there are individuals in contact who know about that but that at this stage they are restricted or not able to talk about it freely because even now there is a distortion of

the truth in what is being brought forward and being presented as the truth, but even that is distorted because people still are being shielded from the real way of existence and truth. There is still a lot of that to be cleared away, because there is still being coming forward that yes there is the governments and level of cover up but there is still the presentation that there is beings who will come to take over the Earth. And that is designed by those ones who want to hold the population in fear and control them. So that is not the truth. The higher humanistic truth is about the level of beings who communicate telepathically and who have the original intention of creating a civilisation of ongoing light and support.

- D. Light and support to help Earth grow or to help the universe grow, or what sort of ..
- L. Yes if Earth is helped to grow and expand, it expands the universe.
- D. Now what is the purpose – what is that greater plan of expanding the universe?
- L. It is an expression of the creative source energy intelligence to express itself and that is still only a part of it because it is not able to be comprehended. We move step by step with the bits that we can understand and work with and what the particular purpose for life is in the present existence and moment.
- D. So at the moment is it about Creation or God or the Greater Collective Energy?
- L. It is always about that and bringing that in because that helps stabilise the existences, it helps uplift and it helps people understand that they are light beings.
- D. So this far in the future where you have gone now, everyone on Earth do understand that – do they?
- L. In the protected areas they do. I feel there are still areas that some do not
- D. So there are some living outside of those protected areas?
- L. Yes, it is as if they live in a different world.
- D. and what does that look like?
- L. It continues pretty much as Earth is now. They are the ones who do not want to know and accept.
- D, So that is where the divide will be?
- L. Yes. It is presented as a physical divide and yet the areas that are protected and domed are of a higher vibration, so the other ones who do not know, do not even see these domed areas
- D. So they are invisible
- L. Yes the two areas do not interact
- D. So they are not even aware they are there?
- L. True. They do not know
- D. But those in the dome are aware of the other side?
- L. Yes they are aware of the other side. They understand them, they do not need to try and lift them up because in time – they are all on their own pathway to evolve.
- D. Is the plan that they will eventually all have pure intentions on Earth?
- L. That is the plan, I sense that it will just expand, the light areas will expand.
- D. So, those ones outside the protected areas will incarnate back?

L. They can do, they can continue to have that sub human existence, but as the light expands it catches more of those ones in. They begin to understand and in a sense they can then be absorbed in the light city areas. It's a bit more complex than that, but that is the simple understanding

D. So eventually maybe the whole planet Earth will be filled with pure intention with the light and love without the lower vibrations?

L. That is the intention

D. You see that ever happening? Are you able to move forward and forward and forward some more into the future? Moving forward to another important time and important space where you may see a lot of peace and love around – are you able to see that?

L. I do see and sense that. Yet it seems to be linked again in an area that seperates off, perhaps it is an existence somewhere else but the same pattern needs to happen. It is as if new areas get formed and it goes through the whole process again

D. So within that area outside the dome the whole new pattern of what has happened on Earth happens there? New areas are created?

L. Yes new areas are created, like a new planet is formed that goes through the same process

D. A new planet like Earth?

L. Yes how Earth was a long time ago. That is how evolution begins, new planets come into existence and then again it is needed to be inhabited, needed to be developed and evolved

D. And will people from Earth help with that creation

L. At that time we would probably be seen as the future higher evolved ones going back to help the new creation. It is multi spheres, We talk about the future and yet it is existing already, it is just the focus and intention and the vibration of the individual or groups of individuals who are able to vibrate with the areas that they can go into, even to observe, becomes a big expansion and a lot to unfold.

It's is all going according to plan. The ones who know the plan are working with the plan

D. Do you stay on Earth – do you in this place for a longer time now? Does everyone stay in this protected area, this beautiful place with pure intention for hundreds of years?

L. We stay as long as we are needed. In that state we can evolve and evolve into a different state where we would be free to progress to other areas that exist. I feel I would be present in that domed civilisation area for many turnings of the Earth, I cannot measure it because time seems to have shifted and changed.

D. So the way humans there think of time is not the same as we do

L. No, it changes.

D. and is that how they were able to evolve?

L. Yes and perhaps that is how we see an extended life pattern.

D. Within these domes do they still carry on life as we would here with family

L. Yes. Yes, family and generations



D. And what about belief systems there, with church and religions. Are they still within that space within the dome?

L. There seems to be a collective understanding of what creation is and how everyone is an aspect of that creation, so it is not generally used as a means of congregation or beliefs or study or adoration, it is just a whole respectful knowingness of Creation and Source Energy of everyone and honouring and acceptance of everyone and their own life path

D. Wonderful. It sounds like a beautiful place to be. I hope to be there someday too. Is there anything else that you are aware of that you want to talk about that you can share?

L. Just to be aware that the Beings, many Beings, aware of bringing in light and establishing the new civilisation, the uplifted type of intention, awareness, pure light. There are many involved. The more that it is spoken about. Then it becomes a greater reality.

D. If this is appropriate can we move forward to the last day of your life in that space, and can you tell me what happens there, or how it is that you transition to the next stage of evolution.

L. I sense that it is like a metamorphosis. The Body vehicle is laid down and I see like a vortex of energy come down over the body and it lifts part of the body, it is still like a form, and I go in that other form. It is like I transformed or transmuted the body because it was my time, I didn't need that body any more and it dissolves and there is nothing left and I am able to be free again of having that particular body in that particular role and I just go away into a place of light. I have a form, like a golden energy form and I go into another space with other Beings like that.

D. So you don't spend too long in between passing over until you go into another...

L. This is where I pass over into reconnect back into the group..

D. ..Source..

L. Yes

D. So you are in a golden form and you reconnect with others in the same form

L. Yes.

D. And this is where you go back to each time you pass over? Is this the same place you go?

L. I have come back here many times, yes.

D. It feels very familiar to you?

L. Yes.

D. Does it have any kind of a name or anything like that? Any kind of language or how you communicate, in that form?

L. I don't get a name. We seem to merge into Oneness, one consciousness

D. and is this all over onto the spirit side – are you as a spirit now or are you on another planet?

L. I seem to be in a state of suspension in this level. We are conscious of being individuals, but we are conscious of the oneness as well.

D. Do you remember everything from the life that you just lived on Earth?

L. I carry a memory of sort of the experience of it, because that is shared with everyone I reconnected with. It gets unrolled from me, cleared from me.

D. So then you can be clear again and free again?

L. Yes.

D. So if you look back onto that life now on Earth that you saw in the future there was there any life's lessons or anything that you could have learned from that life, or are they already learned? Could there be a lesson and purpose to that life, or had you evolved further than that by that stage?

L. it was just like being present to bring in the pattern of Light. It didn't seem to be interacting much with other people in the sense of living and yet I had a body. I don't understand it.

D. So you can sense the purpose..

L. Oh yes the purpose was very strong to observe and bring in the energy Light and to be amongst the people, to be there, but not much involvement with them. I was with the people, I was a person there.

D. So you had human emotions in that life, the normal human emotions but they had been lifted..

L. Yes they were very good, joyful times, very joyful. It's like I was just presented there, I don't remember growing up there, I just remember being there for a certain time or purpose and then it was time for me to go.

D. Is there anything else from that perspective that you want to mention now.

L. No.